

November—
December 2008

Volume 3, Issue 2

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The Arts Camp of New England at Med-O-Lark



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Happy Holidays from Med-O-Lark to you!!!

As the year draws to a close and we turn our attention to the excitement of the New Year to come, to new adventures, to new challenges, we at Camp are already making preparations to ensure that the summer of 2009 is the *greatest summer ever!!!* Whether this season of vacations and holidays takes you on travels far and wide or finds you simply spending some quality time at home with friends and family, we at Med-O-Lark would like to wish you all a happy and healthy holiday season, and a wonderful new year!!! And for those of you in the northern parts of this world, *Stay Warm!*

-Jody

REUNIONS, REUNIONS, REUNIONS

Calling all Campers!!!

Hot on the success of the Boston and Chicago Reunions, we want to invite you to the New York and Atlanta Reunions!!!

Reunions are an excellent opportunity to see old friends from camp AND connect with other MOL campers that are in your area who you might not know about!

So everybody come on down, to New York City and to Atlanta to enjoy pizza, pasta and desserts while reliving summer memories with pictures, movies, and music from last summer!

This year's **New York** reunion will be **January 17th**, and **Atlanta's** reunion will be on **February 22nd**. See page 2 for all of the details.

Inside this issue:

- Reunions!
- Pictures
- Guy Kozak's Old School Sunglasses
- Remember this?
- From Mike's Heart to Yours
- Countdown!
- Cooking up a storm!



For any questions and to RSVP, please contact Scott or Missy at 1-800-292-7757, or missy@medolark.com.

Can't wait to see you there!



MEET ME IN NEW YORK AND ATLANTA!

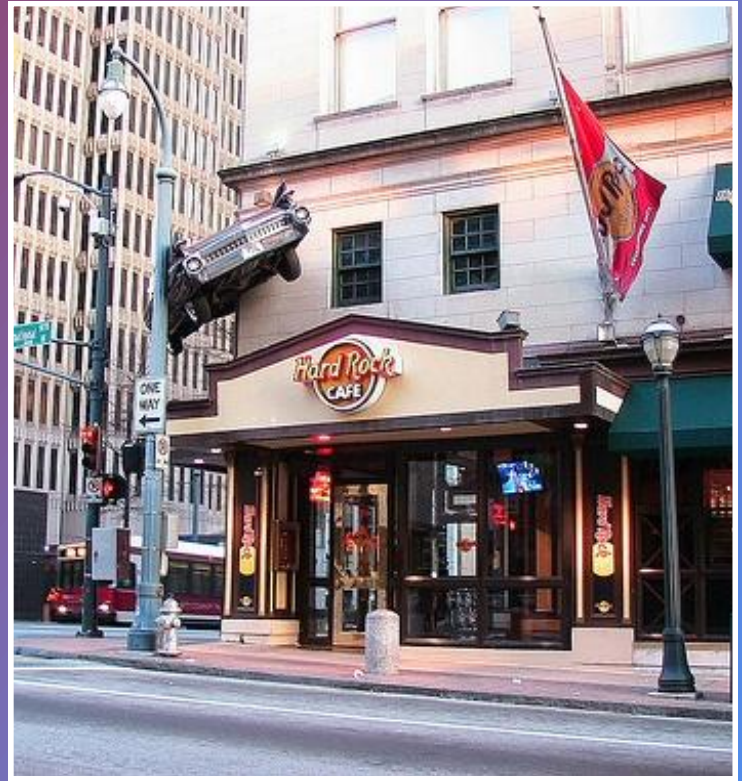
Calling all Campers!!!

REUNIONS ARE COMING!!!

The New York and Atlanta

Reunions are rapidly approaching!

If you live in, or are planning to travel to, the **New York** area on the third weekend of January, please plan to gather with all of your friends on January 17th for another great Med-O-Lark Reunion! The **New York** reunion will



take place at 300 New York, located at Pier 60/23rd & West Side Hwy, New York, NY. For further information check out the website at: www.3hundrednewyork.com. The reunion will take place from 11-2pm, and includes food, drinks, and FUN!!!

If you live in, or are planning to travel to, the **Atlanta** Area on the third weekend of February, please plan to gather with all of your friends on February 22nd for another great Med-O-Lark Reunion. The **Atlanta** reunion will take place at the Hard Rock Café, located at 215 Peachtree St. NE, Atlanta, GA. For further information check out the website at: <http://www.hardrock.com/locations/cafes3/Cafe.aspx?LocationID=103&MIBEnumID=3>. The reunion will take place from 11-2, and includes food, drinks, and FUN!!!



All current and past campers and staff are welcome to join us for what surely will be wonderful afternoons of food and friendship! To ensure that we have enough room and food for everyone please RSVP as soon as possible. For any questions and to RSVP, please contact Scott or Missy at 1-800-292-7757, or missy@medolark.com.

Can't wait to see you there!

-Jody Moser, editor

Blast from the Past: Guy Kozak!!!



Guy Kozak as a Camper back in... well, we'll keep that a secret



Guy Kozak on Staff in 2008

So as he is now applying for College, this seemed the best time to review just where Guy Kozak has been! And this picture just had to come out!!! This is Guy back when he was a camper (on the left rockin' the glasses), and then last summer as a JC (right). Just one more example of proof that no matter how much else changes in people's lives, Med-O-Lark always remains apart of your life!

And next month, keep your eyes peeled, because I have scrounged up yet another BLAST FROM THE PAST picture from the amazing Med-O-Lark Community! So be warned y'all, I'm digging through the archives and you never know what I may find!!!

YOU can be in next month's iMAGINE...

We want to hear from YOU! What have you been doing? Where have you traveled? Did you get together with other Med-O-Larkers somewhere?

Maybe you have a piece that was featured in an art

exhibition at school. Or maybe you performed in a school play or musical. Maybe you even have formed your own band, or joined a dance company.

Whatever it is, we want to know so we can spread the

good news among the members of the Med-O-Lark Community!

But how do I do this, you ask? It's easy! Just email Jody at imagine@medolark.com with your news!



We're always looking for your news!

Remember this???

The picture you see is a portion of a picture from last summer. It is up to YOU to try to figure out what it is, and to tell the story behind the picture. Then, the following month we will announce the true identity of the picture, along with the winning camper who identified it first.

So get thinking about this picture!

When you think you know the answer, drop an email to imagine@medolark.com!



Any Ideas??? C'mon, I know you know this color...

Last Month's Winner: Savannah Jordan

Congratulations go out to *Savannah Jordan*, who correctly identified this picture from last month's iMAGINE! A number of people were able to identify this picture as Katie Blank, but Savannah was the first one able to correctly identify the picture as coming from Katie's Mouse Costume!!! Congrats Savannah!



Katie Blank rockin' her Mouse Costume!!!

A Medolarker Gets Published!!!

We are thrilled to announce that Aurélie Paré, a camper at Medolark in the summer 2007, and sister of camper Frederik Paré, has just published her first cookbook!!! Having founded Aurélie's Healthy cuisine, a cookbook publishing company, we are proud to announce the Aurélie's first cookbook, *The Healthaliciously Good Cookbook*, is now available.

Building upon her long interest in healthy cooking, nurtured both at home and in classes at camp, Aurélie wrote, created each and every recipe, and photographed the dishes (over 20 are pictured in the book) to create this wonderful cookbook for all to enjoy. The book is described as a user-friendly, up-beat, and healthy cookbook for all to have, appreciate, and be happy with. And now, after three years of very hard work, it is finally available!!!

You can find additional information about *The Healthaliciously Good Cookbook* on page 6 of this month's iMAGINE. For those who are interested, the cookbook is available via the website at <http://www.aurelieshealthyuisine.com/cookbook>.

Guess what I heard?

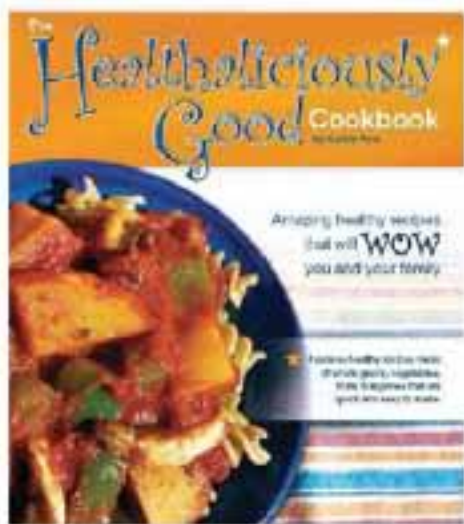
We extend our warmest congratulations to *Meredith Davis* who recently found out that she was accepted to Smith College!!! Way to go Meredith! The newest member of the class of 2011!

And we wish the very best to everyone else who is currently working through the long process of school applications!!!



Presenting... The Healthaliciously Good Cookbook!

Now available for preorder at www.aureliesahealthycuisine.com



Featuring over 60 useful recipes and 20 color photographs, The Healthaliciously Good Cookbook is a great source of quick'n easy recipes.

Each recipe includes detailed nutritional info, comprehensive directions, and handy notes. Many recipes offer wheat-free/gluten-free and flax options. Recipes are all whole grain, made with easy to find ingredients, free of many common allergens (eggs, dairy, and most soy), kosher, and sweetened with fruit (sugar-free).

Recipes include: Almond Carob Fruit Dip, Thousand Island Dressing (made with lentils), Coconut for Potato Scallops, Red Lentil Beanballs, Millet Cipolla Pizza, Peanut Carob Swirl Muffins, Coconut Pear Ice Cream and more.

Visit our website for more information at www.aureliesahealthycuisine.com

The Healthaliciously Good Cookbook is a great choice for anyone who's looking for a healthier way to cook. You'll find it a wonderful source of truly healthy recipes that can be made quickly and easily (and we know because we eat these on a daily basis). In today's world where obesity, diabetes, and other diseases run amok, you and your friends and family will be glad to have this treasury of favorite healthy recipes to keep you in good health!

The Healthaliciously Good Cookbook offers its recipes to you in a practical and professional, easy-to-read format. It features full color ink and glossy pages throughout—making this a quality gift for friends, family, clients, and (of course) yourself. The Healthaliciously Good Cookbook is bound using sought-after concealed spiral binding, which means that this book can lay flat without snapping shut and has a spine for easy finding on the book shelf.

To get the best deals on The Healthaliciously Good Cookbook, please visit our website at www.aureliesahealthycuisine.com. There you'll be able to preorder The Healthaliciously Good Cookbook so you that can receive your books as soon as possible. Once at our website, you can also sign up for our FREE newsletter, which comes with a FREE mini cookbook that lets you sample a few of our healthy recipes.

Read what others are saying about The Healthaliciously Good Cookbook:

"Aurèle Paré's bursting enthusiasm for the pleasure of healthy cooking is contagious. What a great model she is for the Y generation who, too often, relies on processed, ready-to-eat foods. Her creativity and practical way of thinking let us discover foods from here and more exotic places. Bravo Aurélie!"
- Louise Desautniers, dietitian and co-author of The Part-Time Vegetarian

"This young cook has shown her natural talents and creativity in this cookbook, breathing new life into old-favorites and vegetarian staples of beans and lentils. Aurélie has provided quick and convenient healthy meats that those new to and experienced with vegetarian cooking will enjoy."
- Rebecca Blodreau, RD, The Holistic Dietitian

"Aurèle Paré's first book is a breath of fresh air! The content, originality of the recipes and the useful and attractive layout make this book very well made. I am touched that a young girl of 14 years of age fully invested herself in such a project for nearly 3 years. What a wonderful example of perseverance, determination, and openness to eating alternatively. Aurélie encourages us to open our eyes in order to adopt new eating habits for the benefit of our health and that of the planet. Hopefully today's youth will realize their dreams for a better world as did Aurélie."
- Céline Arsenauf, N.O.A., author and speaker

BY ONE OF OUR VERY OWN!!!

Why I Love Med-O-Lark: Mike Owens

As we all know, Med-O-Lark totally rocks! But why exactly is that? What are the things that make this magical haven from the world the truly unique refuge that it is? Over the next few months, we will be exploring these questions in iMAGINE by bringing to you the thoughts of several different people from the Med-O-Lark Community. This month's contributor is everyone's favorite Mike Owens!!! If you have thoughts you'd like to share, drop us a line at imagine@medolark.com and next month this page could be featuring you!!!



From Mike, at last summer's Final Campfire:

For ten months out of the year, everything is done pretty routinely. Life is filled with school, work, after school activities and the never ending tower of homework. For most kids, the summer means family events and trips to the mall with friends. For some kids, it means they begin to pack for summer camp. For a special few, it's Camp Medolark. For those campers who return each year, for those campers that won't return next year, or for those campers that are experiencing camp for the first time this year, including the staff, we are all asking ourselves the very same question. Where did the time go?

This is the magic of Medolark. Down a dirt road with no trace. From the moment we entered camp road, time stood still. We have people here from down the street, across the US and from around the world. Since we arrived, our differences have been our fuel for conversation. Each of us sharing ourselves with one another. Over time, we became family. Tomorrow morning we all leave, yet we've changed. We learned equality, acceptance and the meaning of diversity. From Scott to Jody, Dasan to Kebe, each of them sharing their heart with us, allowing us to further our love for one another. Each of them showing us the way.

Now you have that power, now you have that gift. The ability to see everything with an open mind and an open heart. Now the question is, will you take this back home with you, or will you leave it at Medolark. The world is filled with hatred, racism and homophobia. The older generations of the world are slowing whisking away and soon enough it will be our time to show the world how life should be. Free from hate, free from racism, free from any and everything that causes pain to another.

The magic of Medolark lives in you, whether you return next year or never return again, remember the magic that has occurred here. Hold it in your mind and deeply in your hearts and never, ever let it go. For if you let that magic falter, the flame burns out. When that flame burns out, The Magic of Medolark will die. So I thank you all, "We Few, We Happy Few, We Band of Brothers, for you have shared your tears with me." So in your life and in your travels remember this time, remember this place and remember that it was now; right now that we realized the love that this place possesses.

Boston Reunion Pictures!!!



Chicago Reunion Pictures!!!





The Arts Camp of New England at Med-O-Lark

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Washington, ME 04574

Phone: 207.845.2555
Fax: 207.845.2332
Camp E-mail: info@medolark.com
Newsletter E-mail: imagine@medolark.com

Check us out online at:
<http://www.medolark.com>

Arrival Day is Coming...



*Only 185 days until First Session...
Only 213 days until Second Session...*

Even More Boston Pictures!!!

