



# camp med·o·lark

## Suggested Packing List

### Clothing

- 12 Pr. Socks
- 12 Underwear
- 2-5 Bras/sportbras
- 8-10 T-shirts
- 3-4 Long sleeve shirts
- 6 Pr. Shorts
- 3 Pr. Long pants
- 3 Bathing suits
- 2 Sweatshirts/Hoodies
- 1 Warm jacket
- 1 Raincoat (or poncho)
- 1 Bathrobe (optional)
- 3 Pr. Pajamas
- 1 Dress Outfit
- 1 ALL-black outfit (inc. shoes)
- 2 Caps/hats

### Footwear

- 1 Pr. Sneakers
- 1 Pr Rain Boots or Duck Shoes
- 1 Pr Flip-Flops/Beach Sandals
- 1 Pr Shoes

### Toiletries

- Toothbrush, Toothpaste
- Shampoo/Conditioner
- Hair Brush/Comb
- Soap
- Deodorant
- Shower Caddy
- Sunscreen
- Bug Spray
- Bedding & Linen
- 1 Pillow
- 2 Pillowcases
- 1 Sleeping bag (or comforter)
- 2 sets twin size sheets
- 3 Towels
- 1 Beach Towel
- 2 Wash Cloths
- 2 Mesh Laundry Bags

### Miscellaneous

- 1 Flashlight and extra batteries
- Sunglasses
- Musical Instrument
- Dance Shoes/Leotards/Tights
- Water Bottle
- Boots w/ Heel for Horseback
- Paper, Pens, Stamps
- Mp3 Player (optional)
- Headphones
- Non-phone Camera
- 1 Day bag for day trips (optional)
- Fun/unique accessories for special events
- 2 Blank white t-shirts

Use this check-off list as a guide. Adjustments should be made to provide for your child's individual interests and needs.

Please use only duffel bags or soft suitcases. No hard trunks. (Limit two per camper). **Remember to clearly label the luggage with YOUR CAMPERS FULL NAME.**

Remember everyone tends to overpack - try not to.

- **International Campers** – Med-o-lark will provide you with linens, blankets, pillows and towels.
- All clothing, shoes, linens, equipment, electronics, instruments, cords, etc. should be labeled with the camper's FULL name. NO INITIALS.
- DO NOT bring weapons, hunting knives, squirt guns, sparklers or fireworks, chewing gum, or expensive jewelry.
- Cell phones are NOT permitted at camp. Campers are offered use of our camper phones, and we must adhere to this policy to be fair to all campers.

**Remember to clearly label everything with your campers FULL NAME.**